

# Ground Fielding Skill Fundamentals Guide - Perform Under Pressure

Ground Fielding | Perform Under Pressure | Asset ID CRIC-19-01-06

**Purpose:** This original printable skill fundamentals guide helps players, coaches, clubs, schools and families work with ground fielding while pursuing one defined outcome: preserve routine when score, time or consequence changes. Its method is to explain the purpose, rehearse slowly and add pace only after control. Use the pages as a working record, not as a substitute for current competition rules, safe facilities, suitable equipment and qualified coaching or health guidance where those are needed.

## Resource Map

The subject focus is to close space, stay balanced and choose a collection method suited to the ball. The six working areas below define the scope for this specific resource. Complete only the rows that matter to the present practice block, and date any observation that may change.

| # | Working area    | Current evidence                | Next check |
|---|-----------------|---------------------------------|------------|
| 1 | Approach Angle  | Known / estimated / not checked | _____      |
| 2 | Body Height     | Known / estimated / not checked | _____      |
| 3 | Two-Hand Pickup | Known / estimated / not checked | _____      |
| 4 | One-Hand Pickup | Known / estimated / not checked | _____      |
| 5 | Clean Transfer  | Known / estimated / not checked | _____      |
| 6 | Throw Decision  | Known / estimated / not checked | _____      |

## Robustness Starting Brief

- Anchor: Which evidence separates body height from two-hand pickup in this case? Anchor the test with a clear baseline and intended use.
- Vary: How does one-hand pickup change the interpretation of clean transfer? Vary one meaningful condition or perspective.
- Observe: What boundary on throw decision must be checked before relying on approach angle? Observe what changes and what remains stable.
- Protect: Which observation links two-hand pickup to throw decision, and what remains uncertain? Protect the essential boundary while testing alternatives.
- Evaluate: What alternative explanation could account for both clean transfer and body height? Evaluate whether the method still serves its purpose.
- Edition success means: complete the scenario without abandoning the agreed process

## Skill Fundamentals Guide

This format is designed to convert a cricket skill into observable, coachable elements. For ground fielding, apply the method in a deliberate sequence: explain the purpose, rehearse slowly and add pace only after control. The edition target is perform under pressure, so each entry should show what was noticed, what was tried and what changed.

| Working step            | What to record                                                                             | Evidence or source         | Status         |
|-------------------------|--------------------------------------------------------------------------------------------|----------------------------|----------------|
| Anchor Body Height      | Which evidence separates body height from two-hand pickup in this case?                    | Anchor case / date         | Open / checked |
| Vary Two-Hand Pickup    | How does one-hand pickup change the interpretation of clean transfer?                      | Challenge condition / date | Open / checked |
| Observe One-Hand Pickup | What boundary on throw decision must be checked before relying on approach angle?          | Response / date            | Open / checked |
| Protect Clean Transfer  | Which observation links two-hand pickup to throw decision, and what remains uncertain?     | Invariant / date           | Open / checked |
| Evaluate Throw Decision | What alternative explanation could account for both clean transfer and body height?        | Fitness review / date      | Open / checked |
| Adapt Approach Angle    | What next check on approach angle would make the record about one-hand pickup more useful? | Robustness decision / date | Open / checked |

### Completion Standard

- Keep the work tied to ground fielding, not to a vague general intention.
- Apply this adjustment: add one pressure condition only after a stable baseline
- What remains dependable when one meaningful condition changes?
- Expose this outcome risk if it appears: too many conditions vary.
- Use original notes and explanations; quote only when necessary, lawful and properly attributed.
- Ask a qualified coach, safeguarding lead or health professional to challenge one material assumption where appropriate.
- Close with one decision and one follow-up rather than an unranked list of ideas.

### Working Note

Edition CRIC-19-01-06 pairs skill fundamentals guide with the outcome 'Perform Under Pressure'. That pairing is the boundary for this workbook: material that does not help that outcome belongs in a separate record.

## Planning x Robustness Focused Practice Lab

This lab pairs a planning method with a robustness outcome lens. Work through the six actions to turn the subject focus - close space, stay balanced and choose a collection method suited to the ball - into evidence for perform under pressure. Preserve any gap that prevents a supported conclusion.

| # | Action                             | Constraint                                                                                                                                        | Record                             |
|---|------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------|
| 1 | Clarify / Anchor approach angle    | Which evidence separates body height from two-hand pickup in this case? Anchor the test with a clear baseline and intended use.                   | Scope note / Anchor case           |
| 2 | Bound / Vary body height           | How does one-hand pickup change the interpretation of clean transfer? Vary one meaningful condition or perspective.                               | Baseline / Challenge condition     |
| 3 | Baseline / Observe two-hand pickup | What boundary on throw decision must be checked before relying on approach angle? Observe what changes and what remains stable.                   | Priority / Response                |
| 4 | Sequence / Protect one-hand pickup | Which observation links two-hand pickup to throw decision, and what remains uncertain? Protect the essential boundary while testing alternatives. | Plan / Invariant                   |
| 5 | Assign / Evaluate clean transfer   | What alternative explanation could account for both clean transfer and body height? Evaluate whether the method still serves its purpose.         | Risk note / Fitness review         |
| 6 | Schedule / Adapt throw decision    | What next check on approach angle would make the record about one-hand pickup more useful? Adapt the plan without overstating the result.         | Owner / date / Robustness decision |

### Common Failure Modes

- For approach angle, watch for the purpose is unclear together with the baseline is weak.
- For body height, watch for the scope is too wide together with too many conditions vary.
- For two-hand pickup, watch for two priorities conflict together with the response is selectively recorded.
- For one-hand pickup, watch for the owner is unavailable together with an essential boundary is sacrificed.
- For clean transfer, watch for a dependency fails together with fitness is judged by preference.

### Independent Review Question

Format question: Which planning assumption most affected the result, and why? Outcome question: What remains dependable when one meaningful condition changes? Ask a qualified coach, safeguarding lead or health professional where appropriate, then answer before the next practice block: \_\_\_\_\_

## Cricket Practice Plan for Perform Under Pressure

Use one defined practice block to test the outcome rather than attempting every possible task. This edition pairs planning with robustness to pursue this objective: preserve routine when score, time or consequence changes. Preserve the starting condition and both evidence trails.

| Plan field               | Entry                                                   |
|--------------------------|---------------------------------------------------------|
| Purpose                  | Perform Under Pressure                                  |
| Starting condition       | _____                                                   |
| Chosen working area      | _____                                                   |
| Invariant                | add one pressure condition only after a stable baseline |
| Evidence to capture      | _____                                                   |
| Stop or review condition | _____                                                   |

### Thirty Minute Practice Shape

| Stage     | Action                                                                                                                            | Evidence                           |
|-----------|-----------------------------------------------------------------------------------------------------------------------------------|------------------------------------|
| 0-5 min   | Which evidence separates body height from two-hand pickup in this case? Confirm the purpose and scope.                            | Scope note / Anchor case           |
| 5-10 min  | How does one-hand pickup change the interpretation of clean transfer? Record the starting state.                                  | Baseline / Challenge condition     |
| 10-18 min | What boundary on throw decision must be checked before relying on approach angle? Choose the highest-value priority.              | Priority / Response                |
| 18-24 min | Which observation links two-hand pickup to throw decision, and what remains uncertain? Set the action sequence and decision rule. | Plan / Invariant                   |
| 24-27 min | What alternative explanation could account for both clean transfer and body height? Challenge one dependency or risk.             | Risk note / Fitness review         |
| 27-30 min | What next check on approach angle would make the record about one-hand pickup more useful? Assign the next review and owner.      | Owner / date / Robustness decision |

### Checkpoint Log

| Checkpoint | Condition      | Observation | Decision              |
|------------|----------------|-------------|-----------------------|
| 1          | Same / changed | _____       | Keep / change / check |
| 2          | Same / changed | _____       | Keep / change / check |
| 3          | Same / changed | _____       | Keep / change / check |
| 4          | Same / changed | _____       | Keep / change / check |
| 5          | Same / changed | _____       | Keep / change / check |

## Plan Versus Actual Review - Robustness Lens

This comparison tests ground fielding against perform under pressure through two independent questions. Format: Which planning assumption most affected the result, and why? Outcome: What remains dependable when one meaningful condition changes? Record material setting differences instead of averaging them away.

| Evidence area   | Baseline | Alternative | Interpretation prompt                                                                      |
|-----------------|----------|-------------|--------------------------------------------------------------------------------------------|
| Body Height     | _____    | _____       | Which evidence separates body height from two-hand pickup in this case?                    |
| Two-Hand Pickup | _____    | _____       | How does one-hand pickup change the interpretation of clean transfer?                      |
| One-Hand Pickup | _____    | _____       | What boundary on throw decision must be checked before relying on approach angle?          |
| Clean Transfer  | _____    | _____       | Which observation links two-hand pickup to throw decision, and what remains uncertain?     |
| Throw Decision  | _____    | _____       | What alternative explanation could account for both clean transfer and body height?        |
| Approach Angle  | _____    | _____       | What next check on approach angle would make the record about one-hand pickup more useful? |

### Format Decision Test

| Field                          | Record                                                         |
|--------------------------------|----------------------------------------------------------------|
| Review question                | Which planning assumption most affected the result, and why?   |
| Outcome question               | What remains dependable when one meaningful condition changes? |
| Acceptance lens                | complete the scenario without abandoning the agreed process    |
| Conditions held steady         | _____                                                          |
| Evidence supporting the choice | _____                                                          |
| Evidence against the choice    | _____                                                          |

### Planning Confidence Check

- Anchor case: what was actually seen, heard, measured or read?
- Format evidence: which record best demonstrates scope decisions settled?
- Outcome evidence: which record best demonstrates conditions varied?
- Challenge: could too many conditions vary explain the result?
- Subject boundary: what does this comparison leave unresolved about body height?

## Planning x Robustness Scenario Cards

Use these paired scenarios to rehearse judgement for perform under pressure. Each card joins a planning failure mode to an outcome-specific risk. State what remains open and which evidence named in the final column should be collected next.

| # | Situation                                     | Review question                                                                            | Decision            |
|---|-----------------------------------------------|--------------------------------------------------------------------------------------------|---------------------|
| 1 | Body Height: the purpose is unclear.          | Which evidence separates body height from two-hand pickup in this case?                    | Anchor case         |
| 2 | Two-Hand Pickup: the scope is too wide.       | How does one-hand pickup change the interpretation of clean transfer?                      | Challenge condition |
| 3 | One-Hand Pickup: two priorities conflict.     | What boundary on throw decision must be checked before relying on approach angle?          | Response            |
| 4 | Clean Transfer: the owner is unavailable.     | Which observation links two-hand pickup to throw decision, and what remains uncertain?     | Invariant           |
| 5 | Throw Decision: a dependency fails.           | What alternative explanation could account for both clean transfer and body height?        | Fitness review      |
| 6 | Approach Angle: the success measure is vague. | What next check on approach angle would make the record about one-hand pickup more useful? | Robustness decision |

## Decision Record

| Field                  | Notes                                                          |
|------------------------|----------------------------------------------------------------|
| Chosen format scenario | _____                                                          |
| Outcome lens           | What remains dependable when one meaningful condition changes? |
| Evidence available     | _____                                                          |
| Evidence missing       | _____                                                          |
| Controlled next step   | _____                                                          |
| Person / review date   | _____                                                          |

## Eight Planning and Robustness Evidence Tracker

Track perform under pressure across eight practice blocks using the planning method and the robustness outcome lens. Keep conditions visible and use this review question: What remains dependable when one meaningful condition changes?

| # | Focus           | Condition | Result | Next action |
|---|-----------------|-----------|--------|-------------|
| 1 | Two-Hand Pickup | _____     | _____  | _____       |
| 2 | One-Hand Pickup | _____     | _____  | _____       |
| 3 | Clean Transfer  | _____     | _____  | _____       |
| 4 | Throw Decision  | _____     | _____  | _____       |
| 5 | Approach Angle  | _____     | _____  | _____       |
| 6 | Body Height     | _____     | _____  | _____       |
| 7 | Two-Hand Pickup | _____     | _____  | _____       |
| 8 | One-Hand Pickup | _____     | _____  | _____       |

### Planning Evidence Dashboard

| Measure                                                         | Baseline | Current | Evidence location |
|-----------------------------------------------------------------|----------|---------|-------------------|
| Approach Angle: Scope Decisions Settled / Anchor Cases Recorded | _____    | _____   | _____             |
| Body Height: Priorities Ranked / Conditions Varied              | _____    | _____   | _____             |
| Two-Hand Pickup: Owners Assigned / Responses Observed           | _____    | _____   | _____             |
| One-Hand Pickup: Dates Recorded / Boundaries Protected          | _____    | _____   | _____             |
| Clean Transfer: Risks Reviewed / Fitness Tests Completed        | _____    | _____   | _____             |
| Throw Decision: Actions Completed / Adaptations Justified       | _____    | _____   | _____             |

### Interpret the Trend

- I changed one meaningful condition while protecting the essential boundary.
- I limited the conclusion to the conditions that were actually tested.
- Keep the method only when the evidence for perform under pressure improves without hiding too many conditions vary.
- Which evidence separates body height from two-hand pickup in this case?
- Use a qualified coach, safeguarding lead or health professional when the evidence crosses a safety, rights, health or authority boundary.

## Planning x Robustness Next Step Plan

Finish by turning the paired format and outcome record into one owned action. For this skill fundamentals guide, the intended result was perform under pressure; the outcome test is: What remains dependable when one meaningful condition changes? The close-out standard remains: complete the scenario without abandoning the agreed process.

| Close-out field      | Record                             |
|----------------------|------------------------------------|
| Most useful evidence | _____                              |
| Important limitation | _____                              |
| Decision             | Keep / adapt / pause / seek review |
| Next action          | _____                              |
| Owner and date       | _____                              |
| Evidence location    | _____                              |

### Completion Review

- Subject check: Which evidence separates body height from two-hand pickup in this case?
- Subject check: How does one-hand pickup change the interpretation of clean transfer?
- Format check: I recorded the assumption most likely to change the plan.
- Outcome check: I limited the conclusion to the conditions that were actually tested.
- I used a progressive warm-up and did not ignore pain, unsafe surfaces, heat or fatigue.
- I kept the drill generic and did not imply affiliation with a player, team, league or governing body.

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